

IELTS Band 7 Vocabulary Checklist

This checklist contains 50 essential IELTS words with English definitions, Persian translations, pronunciation guides, two example sentences for each, and a specific learning technique to help you remember and apply them effectively.

	Word	Pronunciation	Definition (EN)	Meaning (FA)	Example 1	Example 2
1	substantial	/səbˈstænʃəl/	large in amount or degree	،قابلتوجه عمده	The project required a substantial investment.	There's been a substantial increase in sales.
2	adequate	/ˈædɪkwət/	enough, sufficient	كافى	He didn't have adequate time to finish.	The room is adequate for our basic needs.
3	☆ significant	/sɪgˈnɪfɪkənt/	important or noticeable	مهم، قابل توجه	This has a significant impact on health.	There was a significant difference between groups.
4	considerable	/kənˈsɪdərəbl/	large in size, amount, or degree	قابل ملاحظه	She has considerable experience in research.	Considerable effort was made to improve quality.
5	? emerge	/ɪˈmɜːrdʒ/	to come into view or notice	پدیدار شدن	Several new issues emerged during the meeting.	New technologies have emerged in recent years.
6	⋛ derive	/dɪˈraɪv/	to obtain from a source	،گرفتن بەدست آوردن از	He derived great satisfaction from teaching.	Many English words derive from Latin.
7	contribute 💝	/ˈkɒntrɪbjuːt/	to give or add something	،کمک کر دن سهم داشتن	She contributes to the charity regularly.	Many factors contribute to climate change.
8	interpret	/ɪnˈtɜːprɪt/	to explain the meaning of something	تفسیر کردن	How do you interpret the results?	It's hard to interpret her silence.
9	A hypothesis	/har'pv0əsis/	a proposed explanatio n based on	فرضيه	The hypothesis was tested in experiments.	Many hypotheses have since



			limited		<u> </u>	haan
			evidence			been disproved.
10	subsequent	/ˈsʌbsɪkwənt/	following in time or order	،بع <i>دی</i> متعاقب	Subsequent studies confirmed the findings.	The subsequent chapters are more advanced.
11	: primarily	/ˈpraɪmɛrɪli/	mainly, mostly	عمدتاً	The study focused primarily on adults.	The issue is primarily economic.
12		/mein'tein/	to keep something at the same level or condition	حفظ کر دن	It's important to maintain a healthy diet.	She maintained her composure during stress.
13	accurate	/ˈækjərət/	correct in all details	دقیق، درست	They provided accurate information.	An accurate measurement is essential.
14	consequence	/ˈkɒnsɪkwəns/	a result, effect	نتیجه، پیامد	One consequence of pollution is health issues.	She didn't consider the consequence s.
15	💢 affect	/əˈfekt/	to influence	تأثير گذاشتن	Stress affects your performance negatively.	Climate change affects agriculture.
16	X challenge	/ˈtʃælɪndʒ/	a difficult task or situation	چالش	Learning a new language is a challenge.	He accepted the challenge willingly.
17	effectively	/ıˈfɛktɪvli/	in a way that works well	بەطور مۇثر	She communicate s effectively with clients.	The policy was implemented effectively.
18	emphasis	/ˈɛmfəsɪs/	special importance or attention	تأكيد	There is an emphasis on team collaboration	He placed emphasis on grammar skills.
19	substitute	/'sʌbstɪtjuːt/	to replace one thing with another	جايگزين	Oil can substitute butter in recipes.	She substituted sugar with honey.
20	predict	/prɪˈdɪkt/	to say what will happen	پیشبینی کردن	Experts predict a rise in	It's hard to accurately predict trends.



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			occurs		unemployme	
			facts or		nt.	
21	evidence	/ˈɛvɪdəns/	informatio n indicating whether	شواهد	There is strong evidence supporting	You must provide evidence for
			something is true		the theory.	your claim.
22	relevant	/ˈrɛlɪvənt/	closely connected to the subject	مرتبط	Use only relevant examples in your essay.	The point isn't directly relevant.
23	approximate	/əˈprɒksɪmət/	close to the actual, but not exact	تقريبى	The approximate cost is €500.	This gives an approximate estimate.
24	complex	/'kɒmpleks/	complicate d, with many parts	پیچیده	The issue is more complex than it seems.	She solved a complex problem.
25	fundamental	/ˌfʌndəˈmɛntl/	forming a base or core	،پایدای اساسی	Trust is a fundamental part of relationships.	Understandin g grammar is fundamental.
26	highlight	/'haɪlaɪt/	to emphasize or make visible	بر جسته کردن	The report highlights key findings.	She highlighted the main issues.
27	impact	/'ɪmpækt/	a strong effect	تأثير	The new policy had a positive impact.	We assess environment al impact first.
28	interaction	/ˌɪntərˈækʃən/	reciprocal action or communic ation	تعامل	Student– teacher interaction is vital.	Interaction between species is complex.
29	interpretation	/ˌɪntəprəˈteɪʃən/	an explanatio n of meaning	تفسير	Her interpretation was widely accepted.	Different interpretation s exist.
30	% methodology	/ˌmεθəˈdɒlədʒi/	system of methods used in a field	روششناسى	The methodology section outlines the research plan.	A clear methodology strengthens validity.
31	obvious	/ˈɒbviəs/	easily seen or understood	،واضح آشکار	The mistake was obvious to everyone.	It's obvious that she's skilled.



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32	⅔ potential	/pəˈtɛnʃəl/	able to develop or become something	بالقوه	He has great potential as a writer.	The site has potential for development.
33	✓ reliable	/rɪˈlaɪəbl/	trustworthy, dependable	قابل اعتماد	She is a highly reliable person.	Reliable data is essential for research.
34	retain	/rɪˈteɪn/	to keep or continue to have something	حفظ کر دن	Children retain knowledge better with practice.	It's hard to retain this much information.
35	signify	/ˈsɪgnɪfaɪ/	to be a sign of something	دلالت کردن بر	The red flag signifies danger.	This result signifies progress.
36	strategic	/strəˈtiːdʒɪk/	relating to long-term planning	استراتژیک	They developed a strategic plan.	Strategic decisions shape the future.
37	sufficient	/səˈfɪʃənt/	enough for a need	كافى	Do we have sufficient funds?	The evidence is not sufficient.
38	theory	/ˈθɪəri/	a system of ideas intended to explain something	نظریه	Darwin's theory revolutionize d biology.	Many theories are under review.
39	transform	/trænsˈfɔːm/	to change completely	تبدیل شدن	Technology can transform education.	The company transformed its practices.
40	ultimate	/ˈʌltɪmət/	the most extreme or final	نهایی، مطلق	The ultimate goal is peace.	This is the ultimate solution.
41	unique	/juˈniːk/	one of a kind	منحصربهفرد	Each person is unique.	This building has a unique design.
42	OK valid	/ˈvælɪd/	logically correct or acceptable	،معتبر صحیح	Your argument must have valid reasons.	The passport is valid until 2027.
43	× various	/'veəriəs/	different kinds	مختلف	The study covers various aspects.	He tried various strategies.
44	widespread	/'waidspred/	existing or happening	شايع، گسترده	Widespread support came	There is widespread



			over a large area		from all sides.	use of smartphones.
45	♣ allocate	/ˈæləkeɪt/	to distribute resources for a purpose	تخصیص دادن	They allocated funds to health services.	Time was allocated for discussion.
46	assess	/əˈsɛs/	to evaluate	ارزیاب <i>ی</i> کردن	They assess candidates carefully.	We need to assess the risks first.
47	conduct	/ˈkɒndʌkt/	to carry out an activity	انجام دادن	She conducted the survey herself.	We will conduct further research.
48	enable	/ɪˈneɪbl/	to make possible	ممكن ساختن	This feature enables better access.	The tool enables collaboration
49	nhance	/ɪnˈhɑ:ns/	to improve	بهبود دادن	The course enhances language skills.	Better lighting enhances visibility.
50	narticipate	/pa:'tisipeit/	to take part	شرکت کردن	Students participate actively in class.	He participated in the conference.

پیشنهاد ویژه برای یادگیری مؤثرتر 😭

اگر به دنبال تقویت لغات، رایتینگ، لیسنینگ و کسب نمره ۷ به بالا در آیلتس هستید، دورهی جامع و اختصاصی به وقت آیلتس مدرسه انگلیسی سارا برای شما طراحی شده است در این دوره، باروشهای هدفمند و منابع استاندار د در کنار منتورینگ تخصصی، مسیر شما به سوی موفقیت هموار میشود.



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